



ED ENUF

THE DIVERSITY E-LEARNING PLATFORM

Improving Your
Cultural
Intelligence

ED ENUF

You will find these icons positioned throughout Ed Enuf's handouts to bring your attention to important points and help you sharpen your skills.

ACTION PLANNING

Unless applied to our day-to-day behavior, learning does not transfer into action. Here's a place to write down how you will apply what you learned.



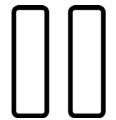
DATA POINT

Here's the data to back it up! You'll find a study, statistic, or scientific finding that supports the essential nature of the topic.



PAUSE FOR EFFECT

It's easy to read through an important point without synthesizing it. When you see this icon, reread the highlighted sentence, then take 60-seconds to ponder it.



PLAY VIDEO

Before continuing, log onto the Ed Enuf platform and watch the corresponding video lesson. We'll introduce the key concepts that will be discussed in the following topic.



SPARK THE CONVERSATION

Practice your critical thinking skills by answering these questions – either individually or as a group.

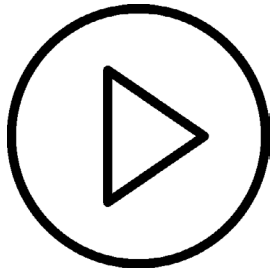


TIPS FOR SUCCESS

Here's an invitation to implement something new into your everyday life. Try applying it and see how it goes!







Log onto Ed Enuf and watch

IMPROVING
YOUR CULTURAL
INTELLIGENCE



Five strategies for
Developing Cultural Intelligence

1. Educate yourself by reading books, watching films and using social media to learn about different cultures.
2. Consider completing the “Inter-cultural Development Inventory” (IDI) to assess your cultural competence. It’s a 50-item questionnaire available online that can be completed in 15–20 minutes.
3. Put yourself in situations where you can learn about different cultures. Visiting different countries, attending ethnic festivals/celebrations and learning a new language are just a few steps to take.
4. Create panel discussions at work that feature people telling stories and teaching about their cultures.
5. Get feedback about how well others think you are or are not developing your cultural intelligence.



DISCUSSION

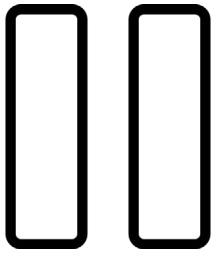
Which of the suggested strategies are you already doing?
How are you doing it? Is it working?

Which of these strategies would you find most
challenging to implement? Why?

How would you go about building rapport with a person
of a different background than yours?

What kinds of experiences have you had in relating
with people whose backgrounds are different than your
own?

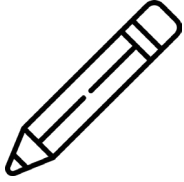
How do you believe cultural intelligence connects to
equity, inclusion and diversity?



"THE COMFORT ZONE IS A PSYCHOLOGICAL STATE IN WHICH ONE FEELS FAMILIAR, SAFE, AT EASE AND SECURE. YOU NEVER CHANGE YOUR LIFE UNTIL YOU STEP OUT OF YOUR COMFORT ZONE; CHANGE BEGINS AT THE END OF YOUR COMFORT ZONE."

- ROY T. BENNET





MY ACTION PLAN FOR DEVELOPING CULTURAL INTELLIGENCE

Based on the self/group reflection done in this course, I plan to practice the following behaviors that will enhance my ability to embrace the diversity that has become a part of the 21st-century workplace:

1.

2.

3.